

Adult Risk Management (ARM) – Information for Customers

What is the ARM?

The Adult Risk Management (ARM) is a process in Northamptonshire where agencies come together to support adults who are finding themselves in high-risk situations. Risks might include self-neglect or refusing to engage with services, and if not addressed the behaviour could lead to serious harm or death. The ARM process is person-centred and is designed to support you to improve your wellbeing by reducing risk taking behaviour.

Who might be involved in an ARM?

Relevant agencies will work together to support you (the person at risk), such as Adult Social Services, Police, Fire & Rescue Service, Housing Provider, Health colleagues, Voluntary and Community Services and Probation.

How does the ARM process work?

An ARM meeting is arranged with professionals who will work with you to create a Risk Enablement Plan and provide you with the necessary support to reduce the level of risk to help keep you safe.

If you engage in the ARM process, the Risk Enablement Plan will be agreed with you and where appropriate, your family/friend/carer or an advocate. The plan will help identify any risks you are experiencing and how you can manage or reduce them. The plan may be changed over time as the risk reduces or changes. When the risk of serious harm has reduced or been removed, the ARM may no longer be required. However, the ARM process can re-start if the risk increases again.

Will my privacy be respected?

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Is my information safe?

All agencies involved in the ARM have a legal obligation to protect information (data) and treat it as confidential. Any meeting notes will be held in accordance with the data protection laws.

Can I refuse to participate in the ARM process?

Yes, you can, but the meeting will still go ahead without you. We would much rather that you attend the meeting(s) so that you can share your concerns, your wishes and feelings with professionals who are there to help you keep safe.

Who can I ask to support me at the meeting?

If you would like someone to support you at the meeting, you can ask a relative, a friend, a carer or an advocate to come with you.

An independent advocate's job is to help you to be actively involved in the process relating to your care.

In Northamptonshire, you can contact Voiceability on 01604 592702 (Mon – Fri 9am to 5pm) or by emailing them at tvn@voiceability.org

Report a concern

Do you have concerns that an adult is at risk of, or is experiencing abuse, neglect or exploitation in Northamptonshire? To discuss your concerns and a possible referral to safeguarding, contact the adult social care team in your area:

North Northamptonshire Council - 0300 126 3000 or West Northamptonshire Council - 0300 126 7000 or [complete an adult safeguarding notification online](#).

If you believe a crime may have been committed, contact: Northamptonshire Police on 101 If you have immediate concerns for someone's safety call 999!

Contact us

Northamptonshire Safeguarding Adults Board
One Angel Square, Angel Street, Northampton, NN1 1ED
T: 01604 365681

E: NSABBusinessOffice.NCC@westnorthants.gov.uk W: [NSAB Website](#)